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Rachel Bozich is a project manager at Tampa General Hospital where she has led the development of TampaWell by activating communities through an ecosystem that empowers mobility, mindfulness, and care. Rachel has a master's degree in exercise and nutrition science from the University of Tampa and a master's degree in health administration from Florida Atlantic University. Rachel is a Certified Wellness Practitioner from the National Wellness Institute and a certified personal trainer. She has earned her Exercise is Medicine credentials through the American College of Sports Medicine. She serves on the American College of Lifestyle Medicine Clinical Practice and Quality Committee, Physical Activity Alliance's Cornerstone Group, National Wellness Institute Emerging Wellness Professionals Task Force, and Wellness Council of Tampa Bay Steering Committee.