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Julie Stich serves as vice president of content for the International Foundation of Employee Benefit Plans. In this role, she oversees the International Foundation educational programs, including online learning courses, webcasts and more than 100 annual in-person educational events. As an employee benefits expert, Stich closely follows emerging employee benefits issues and trends, ensuring that the International Foundation's 31,000 members—who represent more than 25 million lives—are informed. She regularly speaks on health care, retirement and other employee benefits topics and has been quoted by numerous media outlets, including The Wall Street Journal, USA Today, Forbes, CNBC and Yahoo! Finance Canada. Stich also co-hosts the podcast *Talking Benefits*. She is involved with the Society of Actuaries Committee on Post Retirement Needs and Risks. She is a member of the International Society of Certified Employee Benefit Specialists (ISCEBS), the Employee Benefit Research Institute, the National Institute on Retirement Security and the Pension Research Council. Stich holds the Certified Employee Benefit Specialist® (CEBS®) professional designation, a master's degree in library and information science, and a Bachelor of Arts degree in English and history from the University of Wisconsin–Milwaukee.