

Course Outline

Health Care Cost and Quality

One-Credit Course

Introduction

- I. Health Insurance Basics
- II. Managing Health Care Cost and Quality

Estimated Time to Complete: 10 minutes

Controlling Costs Through the Health Plan

- I. Factors Related to the Plan that Affect the Cost of Care
- II. Utilization Management
- III. Allowable Charges
- IV. Balance Billing for Out-of-Network Care
- V. Changes to Balance Billing Starting On or After January 1, 2022
- VI. Costs Not Covered by Health Plans
- VII. Price Transparency
- VIII. Monitoring Claims

Estimated Time to Complete: 30 minutes

Controlling Costs by Maintaining Good Health

- I. Personal Factors That Affect the Cost of Care
- II. Preventive Care Often Covered by Plans
- III. Workforce Wellness Programs
- IV. Disease Management Programs
- V. Precision Medicine

Estimated Time to Complete: 20 minutes

Seeking Quality Health Care

- I. Impact of High-Quality Health Care
- II. Defining Health Care Quality
- III. Barriers to Quality Health Care
- IV. Approaches to Measure Quality of Health Care

Estimated Time to Complete: 20 minutes

Assessing Health Care Options Based on Quality

- I. Quality of a Health Plan
- II. Quality of a Doctor
- III. Quality of a Hospital
- IV. State Report Cards

Estimated Time to Complete: 20 minutes

NOTE: The estimated time to complete each lesson is based on word count and assumes uninterrupted consumption of the course. Actual time to complete each lesson can vary widely

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based on familiarity with the topics and other factors. Time required to complete the course final exam is not counted in these estimates.