

## Course Outline

### **Health Care Delivery Models**

*One-Credit Course*

#### **Introduction**

- I. Sources of Health Coverage in the United States

Estimated Time to Complete: 5 minutes

#### **How Plan Design Impacts Provider Networks**

- I. Accessing Care Through a Health Plan
- II. Health Maintenance Organization (HMO)
- III. Preferred Provider Organization (PPO)
- IV. Point-of-Service (POS) Plan
- V. Plan Comparison
- VI. Onsite and Near-Site Clinics
- VII. Tiered Networks
- VIII. Challenges Associated With Tiered Networks
- IX. Utilization Management and Utilization Review

Estimated Time to Complete: 20 minutes

#### **Telehealth Services**

- I. Telemedicine
- II. Telepsychiatry
- III. Challenges Associated With Telehealth Services

Estimated time to complete: 20 minutes

#### **Specialty Care Models**

- I. Specialty Care Models
- II. Patient-Centered Medical Homes (PCMHs)
- III. PCMH Functions
- IV. Centers of Excellence
- V. Centers of Excellence and PCMHs
- VI. Advantages of Centers of Excellence
- VII. Accountable Care Organizations (ACOs)
- VIII. Types of ACOs Within Medicare
- IX. Provider Participation in ACOs
- X. ACOs in the Private Sector

Estimated time to complete: 20 minutes

## **Health Care Sometimes Delivered Outside of the Health Plan**

- I. Ancillary Benefits
- II. Workforce Wellness Programs
- III. Employee Assistance Programs (EAPs)

Estimated time to complete: 15 minutes

NOTE: The estimated time to complete each lesson is based on word count and assumes uninterrupted consumption of the course. Actual time to complete each lesson can vary widely based on familiarity with the topics and other factors. Time required to complete the course final exam is not counted in these estimates.